



TRIPLE P – POSITIVE PARENTING PROGRAM

WHAT IS TRIPLE P?

Triple P is a parenting program, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

WHAT DOES TRIPLE P DO?

The three Ps in 'Triple P' stand for 'Positive Parenting Program' which means your family life is going to be much more enjoyable.

Triple P helps you:

- Raise happy, confident kids
- Manage misbehavior so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage behavior you like
- Take care of yourself as a parent
- Feel confident you're doing the right thing

HOW DO YOU DO TRIPLE P'S POSITIVE PARENTING PROGRAM?

Innovative Intervention Services offers Triple P's – Positive Parenting Program to every Innovative family. Our team will contact you to arrange your private sessions!





Now Accepting Registrations for 2024/2025!

- **Preschool & Kindergarten (2024/2025)**
– Ages 2.8 to 6 years old who qualify for Program Unit Funding (PUF).
- **Respite Program (2024/2025)** – Ages 3 to 9 with a diagnosis of FASD and the need for respite services.
- **Adult Program** – Ages 20+ who meet the funding criteria of the Ministry of Seniors, Community and Social Services.

At Elves Special Needs Society, possibility can become ability. The key is partnership between learners, their families, and our experts in the fields of education, health, and rehabilitation.

Early Childhood Services

Ages 2.8 to 6

Provides opportunities to learn through play while focusing on growth in communication, fine and gross motor skills, social development, classroom skills, behaviours, early literacy, and numeracy.

Grades 1~12

Ages 6 to 20

Provides individualized, evidence-based educational programs to support learning and growth. Learners take control of their environment and build self-esteem while improving their functional abilities.

Adult Day Program

Ages 20 and up

Focuses on the learner through community access, daily living skills, recreation and leisure, communication, fine and gross motor skills, and social/emotional development.

Respite Programs

Ages 3 to 8

Includes our FASD Respite Program which runs on Saturdays only. Learners enjoy crafts, physical and social activities, sensory integration, free play, and games.

Interested? Please call our Family Support Workers at 780.454.5310, ext. 230/236



REGISTRATIONS FOR SPRING PROGRAMS
WILL OPEN ON **FRIDAY FEBRUARY 16**

[REGISTER HERE](#)

Wild Child Forest School is an inspirational process that offers children repetitive exposure and interaction with nature to encourage them to help foster a lasting relationship with the natural world.

Wild Child Forest School's approach to outdoor environmental education is child-led and inquiry-based. We allow children to freely explore their natural surroundings and encourage them to express what they're curious about. Our main objective as Wild Child Educators is to support our forest friends through their individual journeys by providing knowledge and a safe space in the great outdoors. This program allows children to make mistakes and learn by doing. We hope that our program will have life-long benefits for kids as they develop physical abilities and risk assessment skills acquired while spending time climbing over rocks, and tree roots and playing on uneven ground, creating habits for lifelong active living.

GOALS OF WILD CHILD FOREST SCHOOL

- Facilitate fun, playful, deep learning experiences for children of all ages, which include free play, discovery, creativity, and exploration.
- Communicate respect for self, others, and the environment.
- Support healthy, whole-child (physical, social, emotional, intellectual) development.
- Develop a connection and appreciation for natural spaces that support environmental awareness and ethics.
- Challenge children to learn new skills

- Provide a safe and friendly environment where children can take risks, make choices & initiate their own learning.
- Help each child build self-esteem, confidence, independence, self-control, and interpersonal skills.
- Provide ways of developing practical life skills in an outdoor environment.
- Encourage children to be independent, self-motivated, and considerate.
- Get dirty, have fun, and share the joy of nature.

Inclusion and Accessibility

One of the underlying goals of WCFS is to make our programs accessible to all children, regardless of race, religion, gender, sexual orientation, language, physical ability, neurodivergence, or socioeconomic status. We seek to remove participation barriers as much as possible. We are able to provide free registration (or sliding scale) based on need. Please contact us at edmwildchild@sierraclub.ca for more information.

We have welcomed many different kids into our programs who have transitioned well, including those with neurodivergence. Please contact us if there are any ways in which we can work together to provide better support to your child in this program.



CAMP OPTIONS

Hearts in Action Summer Camp (Ages 3-14)

Our themed weekly programs will keep little campers entertained and having fun all summer long!

WEEK 1: JULY 2 – 5 | Mission Impossible

TOP SECRET: As an AdaptAbilities Secret Agent, your mission, if you choose to accept it, is to make this the best summer ever! Along the way you will acquire the skills of a Secret Agent by solving problems, maneuvering through obstacles, and accomplishing missions! No mission is impossible if you're the secret agent!

WEEK 2: JULY 8– 12 | Lost in Space

ASTRONAUTS ASSEMBLE! Get ready to blast off into a week of camp that is out of this world! Camp Astronauts will learn about gravity, launch rocket ships, and create constellations. We will moonwalk across the planets and get lost exploring the Milky Way! Slip into your spacesuit and aboard the space shuttle as we blast off in 3...2...1!

WEEK 3: JULY 15 – 19 | Wilderness Wonders

READY TO EXPLORE? Grab your binoculars, cameras, and compasses for this week's excursion. Campers will explore the diversity of wildlife all around us and all creatures of the Canadian wilderness. Campers will create habitats, learn survival techniques, and scavenge for all the hidden treasures Mother Nature has to offer!

WEEK 4: JULY 22 – 26 | Game Changer

GAME ON! Board Games, Sport Games, Giant Games, Outdoor Games, and Games Shows – there's no limit to the level of fun! Campers will create and explore new games and work together to be the Game Changer Champion! Whether it's on a board or on a field, it's time to play!

WEEK 5: JULY 29 – AUGUST 2 | Deep Sea Adventure

SNORKELS READY! Starfish, sharks, and all things fishy come out to play this week as campers dive deep into underwater to discoveries and legends. What mysterious marine life will we discover this week?

WEEK 6: August 6 – 9 | Down to a Science

CHEMICAL REACTION? Density? States of matter? The world of science contains so many unanswered questions! Join this silly week of creation, observation, predictions, and solving! From slime and experiments to eruptions and explosions, get ready as Jr. Scientists will explore the mysteries of science through a variety of hands-on experiments.

WEEK 7: AUGUST 12 – 16 | Imagination Station

LIMITLESS EXPLORATION! Our Campers will embark upon a grand adventure where they can explore and create using the colours of their imagination through art, storytelling, theatre, and more! This is the place where pigs fly, cows jump over the moon and stories come to life! Let your imagination run wild!

WEEK 8: AUGUST 19 – 23 | Camp Rewind

RESTART THE SUMMER! Our time machine is set to take us back to the beginning of summer! Hop on board and journey through time as we hit the rewind button to embark on an entire summer worth of adventure in one week and dream about next summer.



Treat your family to a Saturday morning at the movies and still have money leftover for popcorn, candy and drinks! For just \$3.99 per ticket (+fees), you can enjoy a selection of fairly recent movies and classic films your family might already know and love. It's a Saturday morning that can't be beat – big screen, comfy chairs, and no mess for you to clean up!

Movies run on select Saturday Mornings at 11 am. Tickets are released for sale on the day before (Friday's).

Upcoming Movies:

- **Barbie** | Saturday, March 2, 2024
- **Trolls Band Together** | Saturday, March 9, 2024
- **Peppa's Cinema Party** | Saturday, March 16, 2024
- **Chicken Run: Dawn of the Nugget** | Saturday, March 23, 2024
- **HOP** | Saturday, March 30, 2024

Cineplex Family Favourites:

When: Saturday Mornings

Time: 11:00 am

Where: Participating Cineplex Theatres

Cost: \$2.99 per ticket

Website: www.cineplex.com



Sportball

ADAPTED

Good health is essential for children of all abilities. Sportball's Adapted Programs provide an array of skill-building opportunities for participants with additional needs. (Including Autism Spectrum Disorder (ASD), Asperger's Syndrome, Cerebral Palsy and Down Syndrome).

Children and young adults who participate in Sportball's Adapted Programs are able to enhance their attention, listening, physical and social skills and improve their confidence. Our programs include caregiver/parent participation classes and drop-off classes (for participants who require minimal assistance). For optimum lesson engagement, our classes consist of individuals who share similar needs and ability levels.



LITTLE ACES

Ages 3 to 5 with autism. *Get ready for your best summer yet!*

Little Aces Summer Camp provides a structured opportunity for your child to grow and have fun! At Little Aces, your child will experience a diverse range of age-appropriate physical and

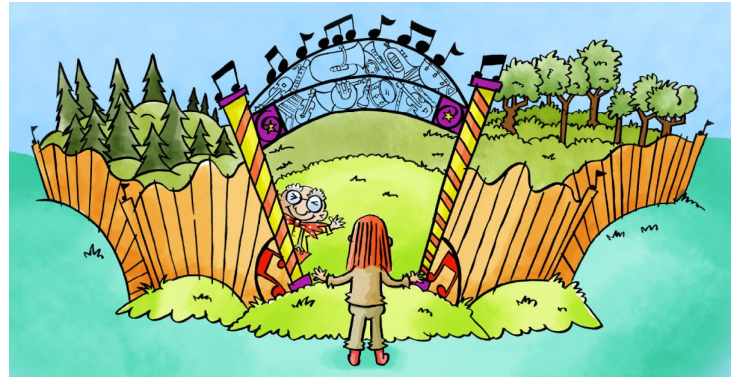


SYMPHONY FOR KIDS PRESENTED
BY IMPERIAL OIL

PLATYPUS THEATRE'S CHARLOTTE & THE MUSIC- MAKER

CONDUCTED BY COSETTE JUSTO VALDES

SATURDAY MARCH 16 * 2:30 PM



Charlotte is no ordinary little girl; she plays the trumpet on a cardboard tube, the xylophone with two knitting needles, and the drums on anything that bangs. Her musical talents are not appreciated at home, so she sets off into the wide world only to find herself lost in a raging blizzard. The Music-Maker to the rescue! An odd little man who shares Charlotte's passion for music, the Music-Maker takes Charlotte on a magical, musical journey. Your ESO will perform a stunning original score by Canadian composer Alain Trudel, plus selections from Handel, Grieg, and up-beat arrangements of well-known popular tunes. Families will enjoy this adventure with [Platypus Theatre](#) exploring the sounds and colours of the instruments and the exciting possibilities that music offers. Recommended for ages 4 and up.

This concert does not include an intermission.

Join us starting at 1:15 PM for free lobby activities before the concert!

- **Make your own Instrument Craft (Main Lobby):** Be your own music maker! Pick from three exciting DIY instrument templates to create your very own instrument! Make a popsicle stick kazoo, a jingle bell bracelet, or a spin drum.
- **Storytime with EPL (Founders' Room, 2nd Floor):** Sit down, relax, and enjoy a story from our Edmonton Public Library!
- **World Instruments Exploration (Dress Lobby, 2nd Floor):** Explore instruments from all over the world – including the kokiriko from Japan, maracas from Venezuela, and juju shaker from Ghana. See how people from many cultures make their music.
- **Giant Staff Compositions (Studio B, 3rd Floor):** Create your own music using your whole body! Walk across our giant staff and make your own incredible melodies.
- **Creative Movement (Upper Circle Lobby, 3rd Floor):** Join music and movement together for a special musical journey. Using storytelling and props, make the music come alive.



Discover indoor fun at these great Indoor Playgrounds in Edmonton:

[Allstars Indoor Playland](#)

9512 - 12 Avenue SW, Edmonton | Allstars Indoor Playland offers 28,000 square feet of active adventures in south Edmonton! Climb the massive play structure, slip down the slide, bounce on a trampoline or channel your inner Superman as you zoom along the 115 foot zipline! For parents there is comfy seating, yummy nutritious food and free Wi-Fi.

[Amazone Playzone](#)

3210 - 118 Avenue NW, Edmonton | [Amazone Playzone](#) is one of the largest indoor play centres in Western Canada! There's a designated toddler space, as well as plenty of unique features for older kids, including the Adventure Zone ninja warrior obstacle course and the Sky Rider harnessed zipline! Amazone also features a huge cafe and several party rooms!

[Gametime Indoor Playground & Sports Centre](#)

14846 112 Avenue Northwest | This one stop recreation centre has something for the whole family! The younger kids will love the softplay, ballpit, and climbing areas, while big kids and adults can enjoy basketball, volleyball, pickleball and more in the gymnasium!

[Grizzly Cubs Den Indoor Play & Cafe](#)

1-5205 50 Avenue, Leduc | Have a kiddo with a wild imagination? They'll love Grizzly Cubs Den where they can pretend to be a firefighter, police officer, doctor and much more!

[Hide n Seek Indoor Playground & Cafe](#)

10830 - 170 Street NW, Edmonton | This massive indoor playground has something for everyone! Climb the giant structure, play the games in the arcade, and enjoy the fun of running wild inside! Special programming is offered throughout the week. The youngest ones will enjoy Toddler Tuesdays... see all their daily deals [here](#).



Discover indoor fun at MORE great Indoor Playgrounds in Edmonton:

[IKEA Edmonton Småland](#)

1311-102 Street NW | Småland is a win-win for parents and young kids alike! Find the giant picnic basket counter at the store entrance and sign your child in for supervised playtime in the indoor play forest while you enjoy up to 60 minutes of child-free shopping in store. Kids must be between 37" and 54" tall, potty trained, and wearing socks. See the rules [here](#).

[John Janzen Nature Centre Tegler Discovery Zone](#)

7000 – 143 Street, Edmonton | A visit to the Tegler Discovery Zone is a little like visiting the set of "Honey, I Shrank the Kids". Check out giant tree roots, epic flower petals and an oversized mushroom, a massive beaver dam and a squirrel midden, all supervised stoically by an enormous queen bee.

[Pom Pom Play Cafe](#)

3707 8 Ave SW, Edmonton | Pom Pom Play Cafe is new to the Edmonton scene in 2020! The play area is geared towards the younger crowd, with an attached cafe that offers breakfast, lunch and lots of yummy snacks for kids. Deals include sibling discount prices, and children over the age of 7 are free with complimentary tablets for them to use while the little ones play.

[Sweet Pea Cafe & Playhouse](#)

14328 – 85 Avenue, Edmonton | [Sweet Pea Cafe & Playhouse](#) is a mini city where your kids can let their imaginations run wild! Explore the school house, vet clinic, restaurant, grocery store and more in this unique playhouse world! Remember to book your time slots in advance as admission is capped.

[The Makery Space](#)

107, 52 Sioux Road, Sherwood Park | Get ready to create, play, explore, and get a little messy! The Makery is comprised of four distinctive activity rooms filled with whimsy and wonder. The possibilities for exploration are endless as you make your way through the STEM Lab, Move Lab, Glow Lab, and Mess Lab.

[Treehouse Indoor Playground and Cafe North](#) | **4235 – 139 Avenue NW, Edmonton**

[Treehouse Indoor Playground and Cafe South](#) | **10181 – 34 Ave NW, Edmonton**

What's at Treehouse Indoor Playground? Oh nothing much, just a giant climbing structure with slides and lots of places to explore, a bouncy house, air cannons, an arcade and even a special area for the wee ones. Plus a place to buy snacks and drinks and yes, they do birthday parties!

[UPlay](#)

13983 – 156 St NW, Edmonton | UPlay is the best of both worlds: an indoor playground AND a trampoline park! There is a huge play structure, dodgeball arena, trampolines, soft play area for toddlers and a cafe.

[Rock Paper Scissors Indoor Playground](#)

8278 – 175 Street NW, Edmonton | Rock Paper Scissors is 18,000 square feet of fun in West Edmonton! In addition to the huge kids play structure you'll find climbing walls, inflatables, a ball pit and tube slide! There's also a huge arcade and redemption area, and a cafe with free wifi for parents.

[Royal Alberta Museum Children's Gallery](#)

9810 103a Avenue NW, Edmonton | The kids (and adults!) are going to love the opportunity to play in the Children's Gallery and explore everything else the museum has to offer between its two floors of galleries and exhibits. Ah-ha moments wait around every corner with everything from space rocks, live bugs, and an ancient mammoth, to wildlife dioramas and personal accounts from people who helped shape our province.

[The Colour Spectrum](#)

847 Saddleback Road, Edmonton | Bring the kids to enjoy an hour of creative fun at Edmonton's only accessible children's art studio! From an indoor sandbox to walls for the kids to draw on, this is the perfect spot to let loose and get messy without parents needing to worry about the clean-up.

[We Rock The Spectrum](#)

4152 99 Street NW, Edmonton | This wonderful indoor playground sets itself apart with an all inclusive philosophy and specially designed sensory play equipment that is fun for everyone. They are excited to welcome children of all abilities, with a focus on catering to sensory processing disorders.



**KIWI'S
EASTER
SCAVENGER
WALK**

Join us for a mini Easter egg hunt and journey through our trail system! You will have to look around the trail for eggs, bunnies and all things Easter!

**March 30 & 31
11-3pm**

**EASTER
EGG HUNT**

**SATURDAY MARCH
30TH**

Easter Egg Hunt at Concordia University:

When: Saturday, March 30, 2024

Time: 12:00 pm – 1:30 pm; 2:00 pm – 3:30 pm

Where: Concordia University – Magrath Mansion

Address: 6240 Ada Boulevard NW, Edmonton

Website: www.concordia.ab.ca

**EASTER EGG
HUNT**

**Take Your Picture with the
Easter Bunny!**

Prepare for an egg-citing adventure!
Seek out special eggs for a chance to
win BIG incredible prizes & Treat Bags
for ALL our Egg Hunters!

START @ 10:00 AM, FREE Entry For All Ages 3-13

**Easter
CRAFTS &
EGG HUNT**

Sherbrooke
Community

Nursery · Sod · Garden Centres

Blue Grass

• Hoppy •

EASTER
Event

**MARCH
30
11AM - 3PM**

SCAVENGER HUNT - CRAFTS - TREATS - SPECIAL VISITORS

